

# Final Message

We hope that you have found help on the pages that brought you to this page. There is no cart presently. You should not have pay for the privilege of reading the text and printing the page summaries. You should, however, reward this site for using its materials to make living better for yourself. The amount of that reward is up to you. If you have found value here, we suggest that you reward us with a donation equal to the value of a new self help book of your choosing.

If you have found our messages rewarding to you but you are not yet willing to put what has been suggested into practice and you have printed all or some of the pages we have allowed you to download, then we ask you to print this page as well and make us a donation when you are ready.